

Dr. Jared McCollum

ShamanPunk



SCAN ME



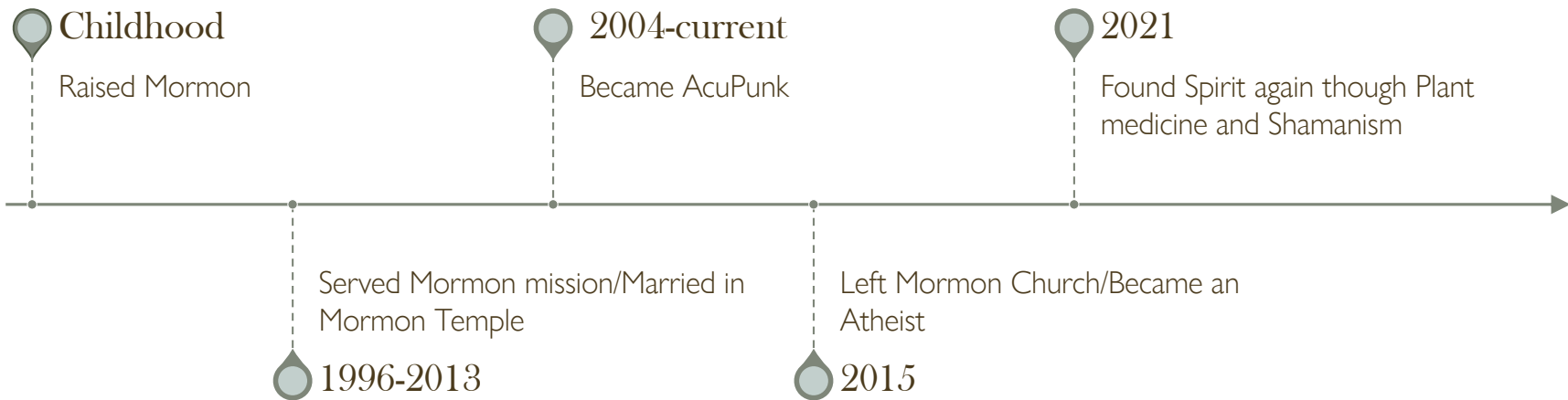


My Story

From Saint to Sinner to Shaman



Timeline





Are We Dreaming?

Life as you perceive it is a reflection of your perceptions and beliefs. It is not real, but rather a dream. To some this may sound negative, but in fact it is positive because if your life is a dream, and you become aware of the fact that you are the dreamer, then you can consciously create the dream you want to see and live the life you want to live.

Don Jose Ruiz



Key Terms in Shamanism - Don Jose Ruiz



- **Dream of the World:** The combination of every single being in the world's personal dream. Or the world we live in.
- **Personal Dream:** The unique reality created by every individual; your personal perspective. It is the manifestation of the relationship between your mind and body.
- **Shaman:** One who is awakened to the realization that all beings are life force energy, and that humans are dreaming all the time
- **Silent Knowledge:** A knowing that is beyond the thinking/discerning mind. Silent knowledge is the deep innate wisdom that is all things.
- **Narrator:** The voices in your mind that speak to you throughout the day, which can be either positive (ally) or negative (parasite).
- **Ally:** The voice of the narrator when it inspires you to live, create, and love
- **Parasite:** The voice of the narrator when it uses your beliefs, formed through domestication and attachment, to hold power over you by placing conditions on your self-love and self-acceptance. This negative voice causes sadness, anxiety, and fear.



Pillars of Shamanism

Connection with Nature

Connection with Spirit Realm

Healing

Ceremony and Ritual

Personal Responsibility



Pillars of Shamanism

Connection with Nature:

- You are a part of Nature
- Express gratitude for Nature
- Strive to live in balance with Nature



Pillars of Shamanism

Connection with Spirit Realm:

- Through altered states of consciousness we can connect with Spirit
- By listening we can receive guidance for ourselves



Pillars of Shamanism

Healing:

- Healing self and community
- Dream Journeying
- Soul Retrieval
- Using Sacred Medicines



Pillars of Shamanism

Ceremony and Ritual

- Used to create a sacred space and to connect with the spirit world
- They should reflect the individual and their culture



Pillars of Shamanism

Personal Responsibility:

- Individuals have a personal responsibility to themselves, their communities, and the natural world
- Encourage others to take responsibility for their own healing and to live within balance of nature



“ Unlike some other traditions, shamanism is not based on hierarchy and deference to past teachers or following a sacred text with blind belief, but on uncovering the truths within yourself, and bringing them out into the world to become a messenger of truth, a messenger of love. ”

Don Jose Ruiz





Each one of us has our own truth
inside ourselves. The quest of the
Shaman is to find, live, and express it.

Don Jose Ruiz





My Dream

The Tao of Shamanism

- Altered States and Connection to The Universe and Love.
- Nature over systems.
- All that has happened was for our best possible good.
- There is no good or evil, only balance and imbalance. When we are balanced, we make choices that are in sync with the natural world and live in a contented state experience life in the moment, when we are imbalanced, we become selfish, disconnected, depressed.
- There is no purpose to life! So, we can make our own purpose or just experience it.
- When we reconnect with Nature/Tao we come to trust its flow, and as we are part of the Tao we begin to trust ourselves to just relax and ride the Tao. Then we can come to truly trust others.



The Path of the Shaman is largely an individual journey. Rituals, books, tools, and even other shamans only serve as guides to help you find the wisdom that comes from deep inside of you...You are both the student and the teacher on the shamanic journey. And life is expressing itself through you.

Don Jose Ruiz





Summary

Shamanism is a spiritual framework for you to discover your own spirituality. Only you can discover spirit for yourself, others may open the door for you, but you must walk across the threshold. Like anything in life, it takes work and practice to retrain our thinking to free us from domestication to become awakened. Once awake it is our duty to live in balance with nature and point out the doorway to others, knowing their path will be unique and different from your own.





Thank You



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